



Supervising First Aid for Mental Health



Level 3 Certificate

**Cost £226+VAT
per delegate***

Summary

This 2-Day course goes into detail on a wide range of mental health conditions and the support and help provided by healthcare professionals. It covers the content of both the Level 1 and Level 2 qualifications but is aimed at Trainer/Assessors and/or supervisor level within the workplace.

Duration

A minimum of 12 hours spread over at least two days. Ideally, the course should be run over two consecutive days, but must be completed within 6 weeks of starting the course, with each training session a minimum of two hours.

Numbers

A maximum of 12 students are allowed on the course and must be a minimum of 16 years of age. A certificate can be offered to all, subject to assessment.

Assessment

A range of methods are used, including practical and questioning (open and multiple-choice).

Certification

A Level 3 Award in Supervising First Aid for Mental Health will be issued to the learner, subject to successful assessment. This qualification is valid for three years from the date of achievement. It is strongly recommended that the learner attends annual refresher training. The learner will need to complete the full course again to requalify for a further three years.

Awarding Body



THIS COURSE IS SUPPORTED BY FIRST AID AWARDS,
A REGULATED OFQUAL AND SQA ACCREDITATION
AWARDING ORGANISATION

Syllabus

A range of subjects are covered including:

- What is First Aid for Mental Health?
- Identifying mental health conditions
- Providing advice and starting a conversation
- Drugs and alcohol
- First Aid for Mental Health action plan
- First Aid for Mental Health in the workplace
- A large range of Mental Health conditions covered in detail

This course goes into detail on a wide range of mental health conditions and the support and help provided by healthcare professionals. This course is aimed at those within a supervisor/ manager level within the workplace, as the designated First Aider for Mental Health.

Next Step:

**Please check our website for
open course date / please
contact us to discuss your
specific training needs.**

01472 348800
darren@forefronttraining.co.uk
forefronttraining.co.uk/sfamh

***DISCOUNTS AVAIAIBLE FOR GROUP
BOOKINGS**