

**Empowering People
to save Lives**



FTACC

QNUK Level 3 Award in First Aid Trauma & Casualty Care (FTACC) (RQF)

FTACC delivers an occupational level of workplace first aid, specifically designed for first aiders at work and medium to high-risk workplaces. Candidates will be equipped with skills and knowledge to confidently manage first aid emergencies in an engaging manner using our experience in providing casualty care in a realworld environment.

FTACC is a Royal College of Surgeons of England (RCS England) Accredited and a UK Regulated Qualification through Qualification Network United Kingdom (QNUK). The course meets First Aid at Work (FAW) syllabus in the Health and Safety at Work (First Aid) Regulations 1981 guidance*. The FTACC course maps to the Faculty of Pre-Hospital Care (FPHC) Descriptor B on the Pre-Hospital Emergency Medicine (PHEM) competency framework.



FTACC – Overview

FTACC is an innovative approach to the traditional First Aid at Work (FAW) course.

FTACC provides the highest standards of education and training for first aiders which can be specially tailored to your needs, taking into account the nature of your business, work activities and subsequent risk profile.

The FTACC approach is a simple and quick way to identify serious problems and avoids missing injuries or

illness. It allows candidates to adopt and retain lifesaving knowledge and skills, which are valuable to candidate's workplace environment, friends and family.

Our innovative approach to first aid training is informative, engaging and proven to empower responders in preserving life and reducing pain and suffering from injuries and illness. FTACC meets the FAW syllabus and uses a unique approach to identify and treat injuries and illness.

FTACC-E – Empowering People to Save Lives

The role of a first aider is to manage minor injuries, save life and summon help. This can be a huge responsibility requiring a calm yet effective response, often in stressful situations.

The effectiveness of any initial response is directly related to the methods and skills that first aiders are taught which will result in a more favourable outcome.

For this reason, FTACC adopts a new and innovative approach to teaching the essentials of first aid at work with the emphasis very much on the learner.

FTACC is a perfect blend of dynamic classroom sessions and practical interaction, a proven methodology that ensures knowledge and skill retention.

Casualty care has developed and changed over the years and first aiders need to re-focus their care. FTACC achieves this through our new B.U.R.P.S approach, which rapidly identifies and then colour codes the problem from minor to life-threatening.

B.U.R.P.S – Assessment

B.U.R.P.S is our quick and easy assessment method that guides the first aider through the identification of a problem and any subsequent course of action.

B.U.R.P.S is a new approach for assessing a casualty, developed by medical experts, to empower first aiders in the management of medical and trauma casualties

The acronym represents the following:

B – Bleeding

U – Unconscious or reduce conscious level

R – Difficulty breathing

P – Pain or altered sensation

S – Skin changes

What makes B.U.R.P.S unique is that rather than working through body systems it focuses directly on the problem and any required treatments.

B.U.R.P.S – Algorithm

BURPS	
B	BLEEDING
U	UNCONSCIOUS OR SEMICONSCIOUS
R	RESPIRATORY/BREATHING DIFFICULTY
P	PAIN, DISTRESS OR NUMBNESS
S	SKIN CHANGES

HOW DOES THE B.U.R.P.S METHOD WORK IN PRACTICE?

Below we have three examples of the B.U.R.P.S approach in use.

The findings for each condition are highlighted on the B.U.R.P.S list, and the colour coding indicates the urgency and type of ongoing care required.

GREEN

YELLOW

RED



FIRST AID MEASURES

BURPS - Isolated Headache	
B	NO MAJOR BLEEDING
U	FULLY CONSCIOUS
R	NO BREATHING DIFFICULTY
P	BAD FRONTAL HEADACHE
S	NO SKIN CHANGES



DOCTOR/HOSPITAL

BURPS - Hand wound with nerve injury:	
B	NO MAJOR BLEEDING
U	FULLY CONSCIOUS
R	NO BREATHING DIFFICULTY
P	PAIN FROM WOUND & NUMB LITTLE FINGER
S	WOUND



RISK TO LIFE 999

BURPS - Bacterial Meningitis	
B	NO BLEEDING
U	DROWSY, IRRITABLE CHILD
R	INCREASED BREATHING RATE
P	IRRITABLE, HEADACHE
S	SKIN RASH - NON BLANCHING

The BURPS approach is colour coded to define the level of response required by the first-aider and the any necessary course of action.

GREEN

Indicates simple First Aid measure

YELLOW

Indicates the need for review by a healthcare professional or hospital visit

RED

Indicates the need for a 999 emergency ambulance and some immediate action

FTACC - In Detail

COURSE SUMMARY

FTACC is a dynamic, engaging effective first aid programme, developed by leading pre-hospital doctors and already adopted by the emergency services and industry.

It meets the Health and Safety Executive (HSE) first aid standards. It adopts an innovative approach which ensures retention of knowledge and skills as well as outline a clear course of action that ensures better patient outcomes.

FTACC is the occupational first aid level course in our Integrated Emergency Care Programme (IECP) which progresses candidates from first aid through to critical care interventions. IECP is a progressive and systematic pathway to enhancing skills, knowledge and empowering people to save lives.

FTACC is accredited by the Royal College of Surgeons of England and validated by The ATACC Group (TAG) Medical Advisory Group and ATACC Faculty. Which consists of Doctors, Nurses, Allied Health Professionals and Technical Specialists in areas such as Remote Medicine, Search & Rescue, Rescue Casualty Care and Tactical Medicine.

Successful Candidates will receive a QNUK Level 3 Award in First Aid Trauma and Casualty (FTACC) (RQF).

DURATION

- **3 days** (18 hrs) initial first aid at work equivalent
- **2 days** (12 hrs) requalification first aid at work equivalent

COURSE CONTENT

- Role and responsibilities of an Emergency First Aider
- Infection prevention and control
- Calling for help
- Scene assessment
- Safe Approach
- Casualty Assessment
- Minor bleeding and injuries
- Internal and external bleeding
- Unconscious breathing casualty
- Casualty with no signs of life
- Mild and severe choking
- Stroke
- Minor burns and scalds
- Handover to ambulance
- Reporting procedures
- Sudden poisoning
- Head injuries
- Seizures
- Chest injuries
- Asthma attacks
- Anaphylactic shock
- Acute Coronary Syndrome

For more information about FTACC or any of our other products and services please contact us:

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